

Harmony Middle School

Competitive Sports Schedule 2020-2021

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| August-September | Girls and Boys Cross Country Golf |
| October-December | Girls and Boys Volleyball |
| January-February | Girls and Boys Basketball |
| February-April | Boys Flag Football, Girls Flag football |
| April-May | Girls and Boys Track and Field Girls and Boys Soccer Girls Fast Pitch Softball |
| | TBD: Cheerleading and Boys/Girls Wrestling |

* Tryouts/practices for sports may actually begin prior to the month listed for each sport. Tryout information will be posted outside of the gym area. It will also be sent out via REMIND app: (text @hrmssports to 81010 to sign up)

* A current completed Osceola Middle School Physical packet (11 pages) must be turned in and approved by PE staff at least one day prior to trying out. ** Also, Concussion IMPACT computer testing must be completed once every 365 days by the student. Due to COVID- this can be taken at home-details below. Once they are approved, a student can try-out for any sport for that year (as long as they meet the GPA requirement.) The student must turn it in personally to any of the PE coaches. Packets are available in the gymnasium and at the front office.

* Concussion baseline testing- (computer based) must be completed by all students wanting to try-out for any sport every 365 days. Details will be sent out via REMIND on how your athlete should complete this at home. Any questions, contact Coach Schafer at randall.schafer@osceolaschools.net This must be taken prior to turning in your packet with the date written on the check sheet.

FYI: OPEN INTRAMURALS: Open play for students to work on their skills in each sport. Schedule will be sent out on REMIND. The “Open Facilities and Summer Athletic Participation Form” must be filled out.

**** Sign up for REMIND text messages for all HRMS Sports info, tryouts and Open Intramurals by texting @hrmssports to 81010.**